

Pune - Ernakulam Jn. SF Express (PT)/22150 - SF - CR

PNVL/Panvel Junction to KKW/Kankavali

7h 19m - 390 km - 2 halts - Departs Sun,Wed

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----|------|-----------------------------------|---------|-----|-------------|-----|------|-----|-----|------|-----|-----|------|
| 1 | PUNE | Pune Junction | | | 18:45 | | | 2,6 | 1 | 0 | 46 | 560 | CR |
| 2 | PNVL | Panvel Junction | 21:20 | | 21:25 | | 5m | 5 | 1 | 120 | 60 | 12 | CR |
| 3 | CHI | Chiplun | 00:48 | | 00:50 | | 2m | 1 | 2 | 323 | 39 | 11 | KR |
| 4 | RN | Ratnagiri | 02:45 | | 02:50 | | 5m | 1 | 2 | 398 | 59 | 125 | KR |
| 5 | KKW | Kankavali | 04:44 | | 04:46 | | 2m | 1 | 2 | 509 | 105 | 47 | KR |
| 6 | SWV | Sawantwadi Road | 05:14 | | 05:16 | | 2m | 1 | 2 | 559 | 44 | 40 | KR |
| 7 | MAO | Madgaon Junction | 07:00 | | 07:10 | | 10m | 1,2 | 2 | 634 | 60 | 9 | KR |
| 8 | KAWR | Karwar | 08:10 | | 08:12 | | 2m | | 2 | 694 | 51 | 11 | KR |
| 9 | KUDA | Kundapura | 11:20 | | 11:22 | | 2m | 1 | 2 | 853 | 51 | 8 | KR |
| 10 | UD | Udupi | 12:00 | | 12:02 | | 2m | 2 | 2 | 885 | 36 | 16 | KR |
| 11 | MAJN | Mangaluru Junction (Mangalore) | 13:45 | | 13:50 | | 5m | 2 | 2 | 947 | 73 | 8 | SR |
| 12 | KGQ | Kasaragod | 14:29 | | 14:30 | | 1m | 1 | 2 | 994 | 72 | 9 | SR |
| 13 | CAN | Kannur (Cannanore) | 15:42 | | 15:45 | | 3m | 3 | 2 | 1081 | 65 | 12 | SR |
| 14 | TLY | Thalassery | 16:04 | | 16:05 | | 1m | 2 | 2 | 1101 | 66 | 9 | SR |
| 15 | CLT | Kozhikode Main (Calicut) | 17:07 | | 17:10 | | 3m | 3 | 2 | 1170 | 63 | 4 | SR |
| 16 | TIR | Tirur | 17:49 | | 17:50 | | 1m | 2,3 | 2 | 1211 | 45 | 9 | SR |
| 17 | SRR | Shoranur Junction | 18:50 | | 18:55 | | 5m | 2 | 2 | 1256 | 35 | 29 | SR |
| 18 | TCR | Thrissur (Trichur) | 19:52 | | 19:55 | | 3m | 1 | 2 | 1289 | 37 | 3 | SR |
| 19 | ERS | Ernakulam Junction (South) | 21:55 | | | | | 4 | 2 | 1363 | - | 1 | SR |